



MONTE CASTELLO DI VIBIO, UMBRIA, ITALY 2019

KM
KIM MAXWELL
STUDIO



*“Inspiration exists,
but it has to find you
working.”*

- Pablo Picasso

Let inspiration find you

*working, writing, creating, dining, dancing, napping, dreaming, tasting, walking and entirely
captivated by the people and culture of this historic Umbrian village.*

Join us Sunday, June 30 - Monday, July 15, 2019





MONTE CASTELLO DI VIBIO is an impeccably restored 12th century medieval castle, perched on a hilltop above the stunningly beautiful Tiber Valley of Umbria.

"Anyone who could be blessed to spend [time in] the company of Kim and her supplicants will never be the same. No one leaves this class without being enhanced... People come to this class bewildered and leave with wings sprouting from their hearts ... For Ms. Maxwell, our success is measured by ourselves, knowing we have examined ourselves and respected our stories." - John Dobroth, V.C Superior Court Judge (Retired), KMS Student

Here's What's Included:

WORKSHOP

What if you took everything **Kim Maxwell** has amassed in her 30 years of writing, directing, dramaturgy and teaching -- and stretched it out over two whole weeks in an absolutely idyllic setting, thousands of miles from your busy life and regular routine? What if the new routine was giving yourself permission to slow down, listen to yourself, your needs, your passion and your wisdom?

Five-hours per day freewriting, rewriting, giving and receiving feedback, and slowly shaping your material into a final draft.

Acting exercises and one-on-one rehearsals designed to open your heart, awaken your spirit and sharpen your work.

Private coaching and rehearsals to dig deep, flush out, and refine what you want to say.



Debut your sparkling new words in an end-of-workshop performance in the stunning Teatro della Concordia; a beautiful 400-year old, recently restored, gem of an Opera House.

Cast, crew and village post-show celebration with prosecco, wine and appetizers.

Two-hour lunches, three-hour breaks before dinner, and an entire weekend off to do what inspires you.



FOOD

Monte Castello is called the "Green Heart of Italy" because it is the nation's agricultural belt. All of your meals will be crafted by **Chef Katia Costanzi** of, "The Umbrian Kitchen." Chef Katia will delight you with the ultimate, organic, farm-to-table experience using the finest of local produce, orchards, and vineyards.

WELCOME DINNER and celebration on your first night

WEEKDAY breakfasts, lunches and dinners.

SATURDAY & SUNDAY
Prosecco brunch and dinner.

FAREWELL DINNER and celebration on your last night.

All lunches, brunches & dinners include house wine with optional fabulous upgrades.

Gluten-free, dairy-free and other dietary restrictions are joyfully accommodated.



ACCOMODATIONS

A private bedroom in a shared apartment in one of Monte Castello's stunning historic stone houses.

Shared kitchen, living room, and bathroom with a welcome bottle of wine waiting for you.

Important: Monte Castello Di Divbio is an actual restored 12th century medieval castle with fabulously thick stone walls. It is incredibly well insulated but there is no air conditioning. Please call me if you have any questions or concerns about this.

EXPERIENCES



An all-day excursion to **Marmore Falls, Bomarzo Parco dei Mostri** and, my personal favorite, the hilltop castle and town of **Orvieto** - caves and all!

A wine tasting - featuring the most famous and delicious varietals of this region.

An introduction to and sampling of classic Umbrian culinary ingredients hosted by **Chef Katia Costanzi**.

An Evening of Original Stories written and performed by the Monte Castellians - followed by a post show reception for you to meet your new neighbors.

Dining on the terrace under the stars EVERY night.

Introductory ballroom dancing class on the terrace.

TRANSPORTATION

Transport From and to Rome Airport Fiumicino (FCO)

Airport pick-up and welcome service on June 30th. (You'll need to arrive before 2 PM to use this service).

Airport drop off and departure service July 15th. (Your flight will need to be booked after 9 AM to use this service.)

Here's What's Not Included:

PERSONAL EXPENSES

Airfare.

Personal medical or travel insurance (Recommended).

Additional excursions in the surrounding towns and villages before, during and after the retreat.

We designed this retreat/workshop for you to do as much or a little as you like. So get busy, nap away, or maybe do a little of both. It's going to be the creative jump start and reboot of a lifetime...

COST
\$6500

Additional Excursions and Experiences (available for purchase):

SOUND SO FABULOUS -- YOU WANT TO BRING SOMEONE WITH YOU?

For an additional cost we can arrange accommodations and meals for your special someone.

There are classes and excursions available to entertain them while you write your heart out.

ADDITIONAL CLASSES AVAILABLE

Ballroom Dancing

Cheese Making

Pasta Making

Sommelier Workshop



ADDITIONAL EXCURSIONS

Ideas for the weekend of July 5-7 when class will not be in session!

Wine Tasting Tour at Local Vineyards.

Deruta, a hilltop castle renowned for its maiolica ceramics which are exported worldwide.

Assisi -- yes -- that Assisi.

Perugia, the capital of Umbria and oh the museums, music, architecture, farmers markets...

Frasassi Caverns: made me cry.

Monte Falco, home of the famous Sagrantino grape and some of the most amazing meals I had while I was there.



FESTIVALS

June 29 - July 7

Monte Castello Festival

(Festa dei MC MC Madonna del Carceri)

July 12 - 21

Umbria Jazz Festival

June 28 - July 14

Spoleto: Festa Dei Due Mondi (Festival of the Two-Worlds)

June 28

Historical Soccer (Calco Storico) Florence

Schedule: Sunday, June 30 - Monday, July 15, 2019

WEEK ONE

Sunday, June 30, 2019

TBD: Arrival & check-in

8PM: Welcome Dinner

Monday, July 1, 2019

8:30AM: Breakfast

10AM - 1PM: Workshop

1PM - 3PM: 2-Hour Lunch/Nap/Hike/Self-Care Extravaganza

3PM - 5PM: Workshop (3 - 5 PM)

8PM: Dinner

9PM: An Evening of Original Stories written and performed by the Monte Castellians *incl.* Post-show reception with prosecco, wine & appetizers

Tuesday, July 2, 2019

8:30AM: Breakfast

10AM - 1PM: Workshop

1PM - 3PM: 2-Hour Lunch/Nap/Hike/Self-Care Extravaganza

3PM - 5PM: Workshop (3 - 5 PM)

6PM: Culinary Sampling with Chef Katia Costanzi (6 PM)

8PM: Dinner

Wednesday, July 3, 2019

8:30AM: Breakfast

10AM - 1PM: Workshop

1PM - 3PM: 2-Hour Lunch/Nap/Hike/Self-Care Extravaganza

3PM - 5PM: Workshop (3 - 5 PM)

6PM: Umbrian Wine Tasting

8PM: Dinner

Thursday, July 4, 2019

8:30AM: Breakfast

10AM - 1PM: Workshop

1PM - 3PM: 2-Hour Lunch/Nap/Hike/Self-Care Extravaganza

3PM - 5PM: Workshop (3 - 5 PM)

8PM: Dinner

9PM: Ballroom Dancing on the Terrace: An Introductory Class

Friday, July 5, 2019

8:30AM: Breakfast

10AM - 1PM: Workshop

1PM: Lunch & THE BEGINNING OF YOUR WEEKEND OFF!!!

Saturday, July 6, 2019

OPTIONAL ALL-DAY EXCURSION (INCLUDED)

Marmore Falls, Bomarzo Parco dei Mostri and Orvieto

Meals are not included - where you want to eat is up to you

- OR -

Stay at Monte Castello for the day and do absolutely nothing

11AM: Brunch

8PM: Dinner

Sunday July 7, 2019

DAY OFF: Enjoy Monte Castello di Vibio or arrange an additional excursion!

WEEK TWO

Now that you have sampled all things Monte Castello di Vibio/ Umbria for a week, know the lay of the land/food/beverage and what you need creatively -- it's a la carte time, baby!

Do everything -- do nothing -- live your best life and get ready to kill it at Teatro Concordia on Saturday, July 13!

Monday, July 8, 2019

8:30AM: Breakfast

10AM - 1PM: Workshop

1PM - 3PM: 2-Hour Lunch/Nap/Hike/Self-Care Extravaganza

3PM - 5PM: Workshop (3 - 5 PM)

8PM: Dinner

Tuesday, July 9, 2019

8:30AM: Breakfast

10AM - 1PM: Workshop

1PM - 3PM: 2-Hour Lunch/Nap/Hike/Self-Care Extravaganza

3PM - 5PM: Workshop (3 - 5 PM)

8PM: Dinner

Wednesday, July 10, 2019

8:30AM: Breakfast

10AM - 1PM: Workshop

1PM - 3PM: 2-Hour Lunch/Nap/Hike/Self-Care Extravaganza

3PM - 5PM: Workshop (3 - 5 PM)

8PM: Dinner

Thursday, July 11, 2019

8:30AM: Breakfast

10AM - 1PM: Workshop

1PM - 3PM: 2-Hour Lunch/Nap/Hike/Self-Care Extravaganza

3PM - 5PM: Workshop (3 - 5 PM)

8PM: Dinner

Friday, July 12, 2019

8:30AM: Breakfast

10AM - 1PM: Workshop

1PM - 3PM: 2-Hour Lunch/Nap/Hike/Self-Care Extravaganza

3PM - 5PM: Workshop (3 - 5 PM)

8PM: Dinner

9PM: Tech Rehearsal: Teatro Concordia

Saturday, July 13, 2019

11AM: Brunch

7PM: Dinner

8PM: Call Time

9PM: Performance: Teatro Concordia *Followed by a "Cast & Crew" Post-show reception with prosecco, wine & appetizers*

Sunday, July 14, 2019

11AM: Brunch & Relaxing day of post-show walks, naps, packing, connecting & shenanigans.

8PM: Farewell Dinner Celebration

Monday, July 15, 2019

7AM: Check Out & Departure

Kim, Pat, Lily, Molly, David and Eros will chase your car down the road as you embark for the airport... or your next adventure.